f/ stop	1.4	2	2.8	4	5.6	8	11	16	22	32	45	64	90	f/ stop
shutter speed	8s	4s	2s	1	4	8	15	30	60	125	250	500	1,000	shutter speed

Assembly instructions:

- 1. Print main body of Zone Assistant on heavy stock. Cut out window, fold in half, and glue at the top and about an inch below the window.
- 2. Print this page on heavy stock. Cut out the slide, fold it over, and glue to make it 2-sided. Insert into main body.

Laminating will make this more durable, as well as easier to slide.